

# Meals on Wheels Community Resource List

**Name: PACE - Senior Services**

**Phone: (434) 202-6922**

Provides healthcare and social services to seniors.

**Name: All Blessings Flow - Medical**

**Phone: (434) 422-8888**

Provides used medical & mobility equipment to those unable to afford items.

**Name: JABA - Senior Services**

**Phone: (434) 817-5244**

Provides information, resources & referrals related to personal care, household chores, transportation, nutrition, medication management, and insurance counseling.

**Name: Alliance for Interfaith Ministries - Crisis Assistance**

**Phone: (434) 972-1704**

Help to navigate safety net programs in Charlottesville area.

**Name: MicroCAT - Transportation**

**Phone: (434) 442-2466**

Free, on-demand public rideshare service for Pantops & the Rt. 29 corridor. Available 6:30 AM- 9:00 PM, Mon.-Sat.

**Name: AHIP - Home Repair**

**Phone: (434) 817-2447**

Provides emergency home repairs for those in need.

**Name: Region 10 - Mental Health**

**Phone: (434) 817-5244**

Mental health, developmental disability, and substance use services.

**Name: Jaunt - Transportation**

**Phone: (434) 296-3184**

Free transportation around greater Charlottesville area.

**Homeless Information Hotline**

**Phone: (434) 296-3184**

**Name: Charlottesville Free Clinic - Medical**

**Phone: (434) 296-5525**

Non-emergency medical care and pharmacy for low-income households & dental services for those w/o dental insurance.

# Meals on Wheels Food Access Resource List

## **Loaves and Fishes - food pantry (434) 996-7868**

### **2050 Lambs Road**

Drive-through pickups Wed. (2-4 PM), Thurs. (6:30-8:30 PM), & Sat. (10:00-12:00 PM). Available twice a month.

## **Emergency Food Network - food pantry (434) 979-9180**

### **900 Harris Street**

Call 9 AM-12 PM on Mon, Wed, and Fri. to request a 3 day supply, pick up between 1:30 and 3:30 the same day. Once a month.

## **The Salvation Army - free meals & emergency shelter (434) 295-4058**

### **207 Ridge Street**

Provides public breakfast & dinner Mon-Sat., and breakfast & lunch on Sun. Also an emergency shelter which accepts walk-ins.

## **The Haven - free meals & day shelter (434) 973-1234**

### **112 W. Market Street**

Free breakfast daily on-site, free lunch Mon-Fri in coordination with local churches, free lunch Sunday on-site. Also acts as a day shelter.

## **Abundant Life Ministries - fresh produce + free clinic (434) 970-2077**

### **782 Prospect Avenue**

Free UVA Health clinic on 1st & 3rd Tues. of each month, & fresh produce given out at these times.

## **Other Food Pantries include:**

- **B. F. Yancey Community Center (Esmont)**
- **St. Paul's Episcopal Church (western Albemarle)**
- **Buck Mtn Episcopal Church (Earlsville)**

**Please check in with local pantries to confirm that hours and services have not changed. Visit [foodfinder.brafb.org](http://foodfinder.brafb.org) for a more extensive list of pantries, and visit our website to download a more extensive general community resource list. For questions regarding our services, call (434) 293-4364.**